

Roanoke Valley's

Expo for Body, Mind and Soul

Enrich Your Spirit Enlighten Your Mind Enchant Your Senses

April 4 - 5, 2009

Salem Civic Center
1001 Boulevard · Salem, VA

Sat 10am-6pm, Sun 11am-5pm

Admission: \$10 for the Weekend
Over 25 lectures and 30 Exhibits!

(919) 552-3062
InnerchangeMag.com



Christopher Valentine &
Dr. Christian von Lähr
NATURE SPIRITS SURROUND YOU!



Ingrid Jolly
SACRED WISDOM



Josh Schwartzbach
THE CREATION OF PEACE

Sponsored by:



lectures

	SATURDAY		SUNDAY	
	Room 1	Room 2	Room 1	Room 2
10:15am	Rev. Mike Perry <i>Promoting Change Through Metaphysics</i>	Mel Goldstein <i>In Touch With Your Psychic Self</i>	—	—
11:00am	Hildegard Starmer <i>Brain Wave Synchronization</i>	New River Valley <i>Spirituality & Spirit</i>	11:15am Darragh Hodges <i>Wisdom Through Visionary Art</i>	11:15am Chastaneyka <i>Beyond the Law of Attraction</i>
12:00pm	Rev. Josh Schwartzbach <i>Conversations with SOTU</i>	Rev. Ingrid Jolly <i>Sacred Wisdom</i>	Alexandria Lillian Merchant <i>Transform Your World with Life Coaching</i>	Azurae Windwalker <i>Practical Shamanism: Your Soul Symbols and Animal Totems</i>
1:00pm	ECKANKAR <i>Past Lives, Dreams and Soul Travel</i>	Aphrodette North <i>Dancing with the Cosmic Forces</i>	Justin Terry <i>Clairvoyant Mediumship</i>	New River Valley <i>Spirituality & Spirit</i>
2:00pm	Shaman Nella Silverspear <i>Angelic Healing Meditation</i>	Christopher Valentine & Dr. Christian von Lähr <i>Nature Spirits Surround You</i>	Jan Petrie <i>Wisdom from Knowledge Can Erase Karma</i>	Mel Goldstein <i>In Touch With Your Psychic Self</i>
3:00pm	CMC Global, Inc. <i>Team Healing – Engaging the Power of Two or More</i>	Sue Wallace <i>Bio-Magnetic Research</i>	Kathleen Cook <i>See Your Aura, Sound Healing, Thoughts & Words</i>	Walt Merchant <i>Your Health & Wellness Commitment to Life</i>
4:00pm	Dawn Prior <i>Nurturing Your Metaphysical Family</i>	Sage <i>Creating What We Want</i>	Weston A. Price Found. <i>Traditional Food Choices for Vibrant Living</i>	Mary Alice McCrae <i>Self-Healing Techniques</i>
5:00pm	Nina Anin <i>Auras Are Real</i>	Barry Helm <i>Channeled Healing Meditation</i>	—	—

AVILLION ONE HEART AURA IMAGING at Booth 404 provides:

AURA PHOTO WITH PRINTED FULL BODY PICTURE
INDIVIDUAL CHAKRA REPORT
ADVICE ON AURA WELLNESS FOR A STRONG AURA
PRINTED MATERIALS & upon request
CONSULTATIONS with ANGEL COMMUNICATION

Aura Imaging is a Fundraiser for the Avillion Corporation, a Non-Profit (501(c) (3)) Educational Organization serving *Nature, Humanity and Spirituality* as a **One Earth; One Heart; One Light Community as we share **from ancient Avalonia into today's Celestial Solar Planes and Earth Light Teachings** of the "*Timeless Wisdom of Heart -the World of Living Light*". We are pleased to offer:**

- ☀️ **©Celestial Lifestream Alignment™** - A practice aligning body, mind, spirit & soul into the **Harmony & Rhythm of the Natural Laws** to achieve Self Transformation, Personal Freedom and Expansion in Consciousness.
- ☀️ **Classes and Workshops** in Spiritual & Environmental Awareness: from matrix to template to all thought creations - A **practical and simple approach of being Light, living Life in Light and keeping all light & bright!**
- ☀️ **Avalonia Healing Arts** – offering a variety of modalities and
- ☀️ **Avalonia Peace Village** – a Nature Retreat in a powerful Healing Environment.

For further information please visit our website: www.avillion.org or contact us: Tel. 540-636-7798
 Email: Avillion@avillion.org .

exhibitors / floorplan

GIFTS & CRYSTALS

- 601 GODPillow**
Galax, VA ~ Healing thru Prayer, Meditation, and Inspiration
- 501- HeartVision**
502 Livonia, MI
Crystals, Gems, Minerals
- 305 Seeds of Light**
Roanoke, VA
A Place to Soothe Your Soul

HEALTHY LIVING/ HEALERS

- 304 A Precious Resource**
Davidson, NC
Intuitive Healer/Angelic Worker
- 13 Barry Helm**
Cincinnati, OH
Alternative Healing Practitioner
- 14 Blue Ridge School of Massage and Yoga**
Blacksburg, VA
Massage School
- 405 CMC Global, Inc.**
Chapel Hill, NC
Personal & Spiritual
Advancement of Humanity
- 202 Merchant Institute for Health and Wellness**
Boones Mill, VA
- 701 Shaman Nella Silverspear**
Kernersville, NC
Flutes, Drums and Healings
- 203 Sue Wallace**
Virginia Beach, VA
Psychic Healing, Health Products
- 17 Theresa Rogers**
The Herb Garden, Elk Creek, VA
Iridology

MIND/BODY/SPIRIT

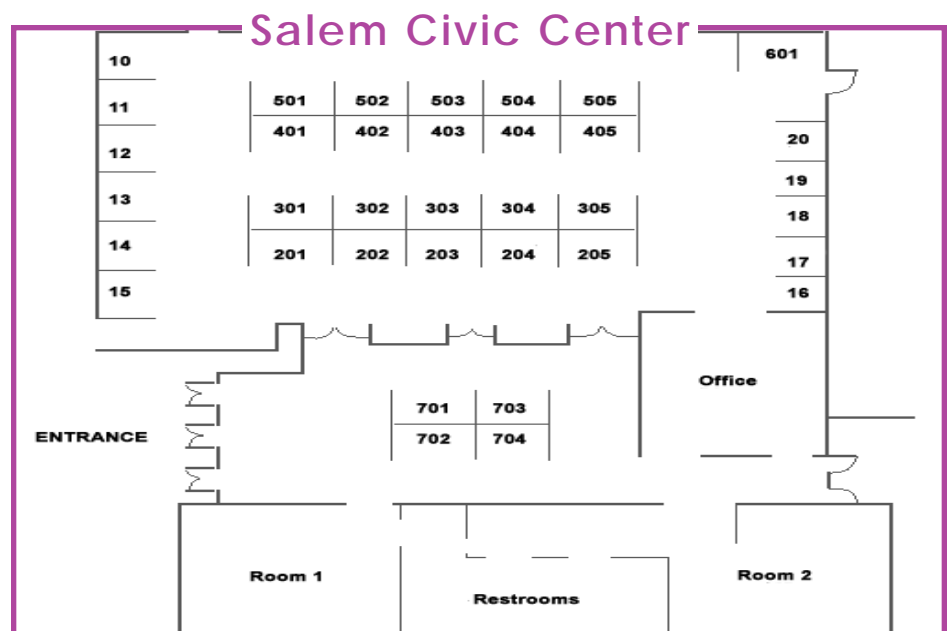
- 404 Avillion Aura Photography**
Front Royal, VA
Personal Interpretation &
Brief Reading

- 504- Azurae Windwalker**
505 Thaxton, VA
Shamanic Art & Soul Portraits
- 15 Darragh Hodges**
Acworth, GA
Wisdom through Visionary Art
- 401 ECKANKAR**
Great Falls, VA ~ Religion of the
Light & Sound of God
- 704 EJA Magical Journeys**
Chester, MA
Channeling, "TRUTHS,"
Meditations, Crystals, Travel
- 204- Lifestream Center**
205 SPONSOR!
Roanoke, VA ~ Reflexology,
DNA Activations, Quantum
Bio-feedback, Amethyst Bio-Mat
- 703 Monroe Products**
Lovingsston, VA
HemiSync® Products
- 702 Myst of the Oracle**
Piney Creek, NC
Mediumship Readings &
Gnome Books
- 302 Natural Awakenings**
Floyd, VA
Health & Wellbeing Magazine

- 18- New River Valley**
19 Metaphysical Chapel
Boones Mill, VA
- 303 Weston A. Price Foundation**
Washington, DC~Wise Traditions
in Food, Farming, Healing Arts

READERS

- 20 Inner Mysteries Profiled**
Roanoke, VA ~ Personal
Metaphysical Guidance
- 11 Beyond Duality**
Lenoir, NC
Stress and Pain Relief
- 12 Auracle of Asheville**
Asheville, NC
Aura Readings
- 201 Readings by Jan Petrie**
Angier, NC
Psychic Readings, Crystals, Art
- 16 Readings with Chastaneyka**
Bedford, VA
Whole Life Facilitator
- 402- Roanoke Metaphysical**
403 Chapel ~ SPONSOR!
Mediums/Clairvoyant Readings
- 10 Sage**
Boone, NC ~ Intuitive Reader,
Teacher, Speaker



saturday



Promoting Change Through Metaphysics

Rev. Mike Perry (booth 402-403)

Sat 10:15am Room 1

What is Metaphysics and how can we use it to create a life filled with abundance, happiness, and content? Rev. Perry, Teacher, Lecturer, Lifelong Clairvoyant

Medium, and Pastor of the Roanoke Metaphysical Chapel, answers these, and more dynamic life-changing questions.



Get In Touch with Your Psychic Self

Mel Goldstein (booth 204-205)

Sat 10:15am Room 2

Sun 2pm Room 2

Everyone can get in touch with their Psychic Selves. Understanding and using simple techniques can change your life

forever. Mel Goldstein, the Resident Psychic Reader at Lifestream Center, will discuss a few simple techniques he has developed over the past forty years that have made quite a difference in his life and the lives of his clients. Using a simple, five-minute routine each day and what he calls mini-escapes, you can learn to harness the power of the Universe to work for you in your profession, love life and other major aspects of your life.



Brain Wave Synchronization

Hildegard Starmer (booth 703)

Sat 11:00am Room 1

Hildegard does not believe in the necessity of sitting in a monastery and meditating for 20 years in order to experience profound feelings of peace. In this lecture, she shares new breakthroughs in psychoacoustics and neuroscience that can open you to the direct experience of expanded states of consciousness. Discover how Hemi-Sync® and Metamusic® can support heightened intuition, creativity, and problem solving as a normal part of your day-to-day life. Come early to get a seat!



Spirituality & Spirit

Rev. Steven McClain (#18-19)

Sat 11am Room 2

Sun 1pm Room 2

Death and spirituality are curious things and, for each of us, neither are completely avoidable. But too often both are treated as though they don't exist even as we near death's door. In our refusal to think

about this transition, the idea of communicating with those in spirit, let alone the idea that they could still be with us, is viewed as a taboo. Who and what is waiting after the change we call death? Come and join in on this lively and entertaining discussion and find out.



Conversations with SOTU, the Creation of Peace

Channeled by Josh

Schwartzbach (booth 704)

Sat 12noon Room 1

Join us as we delve into the great mysteries of the world and the reflections of the upcoming shifts in Peace as a real possibility. In these sessions, SOTU will generally take questions about almost any subject, so bring the ones that you really wish you could answer. Great fun, amusement and some very serious and enlightening moments.



Sacred Wisdom

Ingrid Jolly (booth 404)

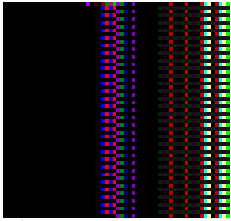
Sat 12noon Room 2

2009 holds the promise of "New Life" and life, the way we live it, calls upon our inner resources to evolve from within, live and express who we truly are. Discover what binds us to duality, the purpose of the Ethereal body, our Aura, the Astral planes, Body, Mind, Spirit and Soul & find out what unites them all. Understanding our multi dimensional self, empowers the soul and liberates the spirit into the "Life of a Golden Age."



Special Event! 12noon Saturday

Red Feather Medicine Singers



How to Survive Spiritually In Our Times

ECKANKAR (booths 401)

Sat 1pm Room 1

Join us for a discussion of tools and techniques to help you thrive spiritually in a changing world. Harold Klemp's mission is to help people find their way back to God in this life. Harold Klemp teaches the sacred name of God, HU, which lifts you spiritually into the Light and Sound of God, the ECK, the Holy Spirit. Based on the book authored by Harold Klemp, modern day leader of Eckankar, Religion of the Light and Sound of God.



Dancing with the Cosmic Forces

Rev. Dr. Aphrodette North

(booth 20)

Sat 1pm Room 2

Rev. Dr. Aphrodette North will provide insights on how to tune in to and dance to the magical music of time! The Universe

is constantly in motion and mirrors the dynamic, or each of our "becoming," in a unique way. Each cycle offers exciting opportunities for growth and enlightenment. Aphrodette is the Creatress of Inner Mysteries Profiled and is ordained through the Alliance of Divine Love and credentialed through the International Metaphysical Ministry. She is currently serving on the Board at the Roanoke Metaphysical Chapel and facilitating a Tarot Share Group at the Lifestream Center.



Angelic Healing Meditation

Shaman Nella Silverspear

(booth 701)

Sat 2pm Room 1

Open your heart and soothe your soul with the sweet sound of flute music.

Nella Silverspear works as a shaman, healer, intuitive, spiritual teacher, minister and flute maker. After many years of working and healing with energies of crystals and stones, she now works hand in hand with spirit in lovingly hand-crafting new healing tools, flutes and drums. Guided by the angels to bring her work to you, Nella gently instructs you to connect with the angelic realm through a deep healing meditation. She introduces this exercise by playing her flute to calm the mind and open the heart.



Nature Spirits Surround You!

Christopher

Valentine & Dr.

Christian von Lähr

Sat 2pm Rm 2

Discover how to recognize

Gnomes, Leprechauns, Faeries and Elves. Christopher Valentine and Dr. Christian von Lähr will show you how to improve your home and garden in special ways to attract and delight the little people and begin a bond of love and joy. Realize how to lead a more positive, meaningful and magical life of wonder and manifestation as the Nature People awaken your inner child and show you how to live happily in the "now." (booth 702)



Team Healing - Engaging the Power of Two or More

Wini Curley, Lynette Marks and Jennifer Conaway (booth 405)

Sat 3pm Room 1

Working with healing teams can be exhilarating and challenging. Discover what it takes to create a successful healing team- why would I want to be part of a healing team? Is there an ideal team size? One energy form or can several be used in one team? Hear stories and lessons learned from working with teams ranging from 3 to 20 individuals. Wini, Lynette and Jennifer bring their practical experience to this interesting topic.



Bio-Magnetic Research

Sue Wallace (booth 203)

Sat 3pm Room 2

After 35 years of research and experience, nationally renowned healer Sue Wallace has found the real causes of disease and pain. Sue uses magnetic, mental and other vibrational frequencies to heal without the presence of the patient, a process known as long-distance healing. Join Sue and reclaim the health, happiness and peace of mind that belong to you. You can increase your energy level, relieve fatigue, and bring more joy and light into your life. Don't miss this lecture!

saturday



Nurturing your Metaphysical Family

Dawn Prior (booth 201)

Sat 4pm Room 1

Dawn was raised a child in a metaphysical family and now raises her own gifted child. She will present to you a unique perspective on the challenges and rewards

of balancing and maintaining your family's gifts. Come join an informative class on understanding and nurturing your gifted child, while developing and strengthening your own gifts in a family environment.



Why We Create What We Have

Sage (booth 10)

Sat 4pm Room 2

The Ancients remind us that we are not victims! This the time to Remember that we are truly Abundant All Powerful Prime Creators. Sage, Intuitive Counselor

and author of *Mirror of Love: Shifting into Higher Consciousness*, travels the country sharing Essene Technology and Higher Conscious Truths. Her dharma, teaching and counseling helps us to see why we create what we have and why we may not be creating what we truly want. Let Sage show you how to grab hold of the reins and how to guide yourself to the life you have always wanted to lead. Her state-of-the-art teachings go beyond the Secret.



Auras Are Real

Nina Anin (booth 12)

Sat 5pm Room 1

Nina, the Auracle of Ashville, uses keys to bring you clarity of direction along with her other profound gifts of seeing auras, insight into future happenings, messages from your spirit guides, and connection into the angelic realm through

messages from Archangels Michael, Uriel, Rapheal, and Gabriel. Join Nina for a live demonstration of aura readings on audience members.



Channeled Healing Meditation

Barry Helm (booth 13)

Sat 5pm Room 2

Barry Helm uses psychic reading, spiritual channeling, bodywork, and metaphysical healing as he guides you into a place of aliveness and ease. Join him as he

presents a channeled healing meditation to assist in your transformational process. Barry has traveled throughout the United States sharing his unique style of healing work with many.

Enchant Your Senses

sunday



Wisdom through Visionary Art

Darragh Hodges (bth 15)

Sun 11:15am Rm 1

Darragh's sincerest hope is to touch the hearts of spirit through

her art. Art and music transcends all boundaries of racial and cultural differences and momentarily allows us to celebrate our diversity. In this presentation, she will show you how you can become aware of your own creativity and how you can awaken the passion within your heart through painting and music.



Beyond the Law of Attraction

Chastaneyka (booth 16)

Sun 11:15am Room 2

Join Chastaneyka in this empowering lecture to take the Law of Attraction and make it an Art! Learn four powerful steps to gain tangible results in the process of

Creating the Life YOU choose. As a Whole Life Facilitator, Chastaneyka gives you the tools you've been looking for to Chart the Course of Your Life Today! You will be happy you came!

*Get Your Discount Admission
Coupon at InnerchangeMag.com!*

sunday



Transforming Your World w/ Life Coaching

(booth 202)

Alexandria Lillian Merchant

Sun 12noon Room 1

Alexandria Lillian Merchant is a nationally Certified Spiritual Life Coach, Transpersonal Hypnotherapist, Reiki Master Teacher and

Health Advisor. She teaches clinically tested exercises, which are a series of actions that bring about an expected end result — self-mastery. Her programs are individually tailored to meet her client's needs. Learn how you can achieve self mastery through life coaching.



Your Soul Symbols and Animal Totems

Azurae Windwalker

(booth 504-505)

Sun 12noon Room 2

Each soul has a divinely chosen purpose. Do you know yours? Azurae Windwalker, a shamanic healer, artist and life coach, has led thousands to balance through

Shamanic Healing Art. Today, Azurae will assist you in visioning your soul purpose by interpreting the symbols you doodle, choose in art, jewelry and design. Your Animal Totems reveal your Soul Purpose through your gifts and talents. Join Azurae on a Shamanic Journey to find the totem that most represents your Soul Path for the next six months.



Clairvoyant Mediumship

Justin Terry (booths 402-403)

Sun 1pm Room 1

Did you know that you have the ability to communicate with the spirit world on a daily basis? Come and learn about your spirit guides and how to communicate

with them! Justin is a Board Trustee of the Roanoke Metaphysical Chapel, a seminary student with United Metaphysical Churches, and Certified Clairvoyant Medium. Don't miss this opportunity to learn how to develop your own psychic and clairvoyant gifts!

Spirituality & Spirit / Rev. S. McClain
Sun, 1pm, Room 2 ~ See pg. 4 for description



Wisdom from Knowledge Can Erase Karma

Jan Petrie (booths 201)

Sun 2pm Room 1

We all need to clear away the karmic garbage we carry around with us. Doing so allows us to focus on the things we came here to do and to pursue our destiny without interference. Stop allowing karma to hold you back and start living the life you came here to live...today.

Get In Touch with Your Psychic Self / Mel Goldstein ~ Sun, 2pm, Room 2

See page 4 for description



Auras, Sound Healing, Thoughts & Words

Kathleen Cook (booth 304)

Sun 3pm Room 1

Kat/Hope is a clairvoyant, transformation teacher, visionary, reiki master, and past-life regressionist, and she is assisted by angels for guidance and healing others.

Learn to see the aura around your body and how to clear unwanted energies. Practice sound healing and meditation with your own voices. Transform the energy with thoughts, words, or sound in seconds.



Your Health and Wellness – Commitment to Life / Walter Merchant (202)

Sun 3pm Room 2

Walter Merchant is a nationally certified and holistically trained tai chi and qigong teacher, fitness trainer, nutrition specialist, and wellness coach. He teaches Sun and Yang Tai Chi, Shen-Yi energy and medical Qigong and designs individual health and wellness programs that produce positive life change from long-term goal attainment.

Sunday at 4pm in Room 1

Traditional Food Choices for Vibrant Living

presented by Weston A. Price Foundation (booth 303)

Sunday at 4pm in Room 2

Self-Healing Techniques

by Mary Alice McCrae (booth 11)

directions:

From the North: Take I-81 South to Exit 141. Follow the signs to Salem. From the exit ramp, take Virginia route 419 South. Continue on route 419 through two traffic lights. After the second light veer to the right following the Salem Civic Center sign onto Texas Street, also known as the 460 Bypass and the Truck Route.

From the South: Take I-81 North to Exit 141. Follow the signs to Salem. From the exit ramp, take Virginia route 419 South. Continue on route 419 through two traffic lights. After the second light veer to the right following the Salem Civic Center sign onto Texas Street, also known as the 460 Bypass and the Truck Route.

From U.S. 220:
Take the Franklin Road exit to route 419. Follow route 419 past Brambleton Avenue and Apperson Drive (about 8 miles). Take a left at Boulevard Roanoke and go 1/4 mile to entrance on right.



Roanoke Valley's Expo for Body, Mind and Soul



2329 Avent Ferry Road
Holly Springs, NC 27540

Roanoke Valley's

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Enrich Your Spirit Enlighten Your Mind Enchant Your Senses

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